



LIFESKILLS COURSE #L 505

Job Readiness



COURSE DESCRIPTION

Work matters! The *Job Readiness* course is where you will learn essential skills and gain knowledge to prepare for entering the workforce and advancing your career. Work is not just an activity; it's a path to personal fulfillment and contribution to society.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Positive Thinking Skills
- Opportunity and Growth
- Self-Awareness
- Goal setting and achievement
- Overcome Adversity



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a coach or mentor.
- **Group**—To be completed in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.



COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
 Course Format: eLearning
 Item Number: L 505
 eLearning Length: 171 Slides
 Scientific Model: Cognitive Restructuring

CRIMINOGENIC NEEDS MET

Employment



COURSE CONTENT

Unit 1: Work Matters

Establishing your why for employment.

Unit 2: Self Development

Continuously improving skills, knowledge, and mindset.

Unit 3: SMART Goals

Specific, Measurable, Achievable, Relevant, Time-bound.

Unit 4: Hitting Your Groove

Finding a job that is right for you.

Unit 5: The Job Search

Attitude is everything.

Unit 6: The Interview

Putting your best foot forward.

Unit 7: Career Planning

Consider the future.



eLEARNING ACTIVITIES

- Narration & Story Telling
- Animated Thoughts
- Self Assessments
- Scenario Based Learning
- Focused Journaling
- Application and Skill Building



PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- eLearning License