



## BRIEF INTERVENTION COURSE (BIC 325)



# Social Media Awareness



## COURSE DESCRIPTION

The *Social Media Awareness* brief intervention course helps students become more aware and responsible for their social media and gaming interactions. This is not an educational course, rather, this course is designed to help students overcome the underlying thinking errors that are associated with negative and non prosocial online behavior. It helps students uncover their drivers for inappropriate online behavior and provides timely insights and opportunities for self-awareness for taking personal responsibility for the impact of their online behavior.



## LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Student will learn how to better manage their online activities
- Equip students with thinking skills to avoid negative interactions through the internet
- Increase student awareness of their drivers to use social media
- Students will learn how to take responsibility for their impact from social media interactions



## RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a parent or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Blended Learning**—A combination of online and offline curriculum



## COURSE CONTENT

UNIT 1 - Gaming Addiction  
UNIT 2 - Social Media Awareness



## COURSE INFORMATION

Author and Publisher:  
ACCI Lifeskills

Course Format: eLearning

Item Number: BIC 325

eLearning Length: 68 Slides

Scientific Model: Cognitive Restructuring



## eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images



## PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

## STANDARDS MET

MTSS Tier 2

Social and Emotional Learning  
Restorative Practices